

International Match

**Squad Manager**

Collin Rudkin

**6Th Dan**

**Squad Coach Squad Captain**

Danny Rudkin Patchouli Phillips

**5th Dan 1st Dan**

I have pleasure in announcing that the SEKF squad members who are blue belt and above are invited to an International Karate Match with Fran Salazar and his students from Spain on **Saturday 21st January 2017 at** **Lymington Health & Leisure Centre (North Street, Lymington. SO41 8FZ).**

The International karate match will consist of kata and kumite training followed by a mini competition. All competitors will receive a special medal for attending.

**REGISTRATION - 12.15pm – 12.30pm**

**KATA TRAINING - 12.30pm – 2.30pm**

**BREAK - 2.30pm – 3.00pm**

**KUMITE TRAINING - 3.00pm – 5.00pm**

**COST - £20.00**

Please contact me direct by email if you wish participate in this exciting event by **Friday 16th December.** Please note that all participants will receive help with pre-training for this event.

Please keep updated on squad events via the website and inform me direct as soon as possible if you are unable to attend any events. [www.sekf.co.uk](http://www.sekf.co.uk)

Club Enquiries - [collinrudkin@btinternet.com](mailto:collinrudkin@btinternet.com)

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