 

Open Squad Course and Selections '2017

The Southern England Karate Federation Open Squad Course and Selections are held just once a year for students from seven year’s old who are orange belt and above.

This course is designed to give students the chance to train with the current squad members whilst learning some very exciting and advanced techniques.

The selections are optional and designed to give the more adventurous student the chance to compete for a place on our prestigious squad.

It is essential that all existing squad members attend to retain their place.

This Course will take place on **Sunday 29th January 2017, at** **New Milton Health & Leisure, Gore road, BH25 6RR.**

**REGISTRATION - 10.45am – 10.55am**

**COURSE - 11.00am - 1.00pm**

**SELECTIONS - 1.30pm - 4.00pm (optional)**

**COST -** £15.00 **SELECTIONS -** FREE

I am looking forward to seeing some new fresh and ambitious students for the Year 2017!

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